

ÉCOLE OKOTOKS JUNIOR HIGH SCHOOL

NEWS- JUNE 2019



Important Dates

Sept 3 – First Day of School, Gr. 7 Only
Sept 4 – First Day of School, Gr. 8 & 9s
Sept 20 – PD Day, No School

Long Term Dates

Oct 11 – 14 Thanksgiving, No School

Dear ÉOJHS parents and guardians,



Summer holidays are now upon us and we wish you much joy and happiness as you relax and enjoy family time. We sincerely thank you all for such a wonderful year. Our students have grown academically, socially and emotionally. They have contributed to school wide events, as well as extra-curricular and co-curricular activities. It was a pleasure to watch their participation in so many areas where they gave back to the community both locally and globally. You have tremendous children and it has been an honor and a privilege to work with them every day.

Thank you to our School Council parents for a terrific year; your support of students and teachers is second to none.

We are proud of our caring and committed staff. Please help me say farewell to the following staff who are leaving ÉOJHS:

- Mrs. Kim Albers
- Mr. Tyler Comeau
- Mrs. Lyne Cote
- Mrs. Heather Dicks (EA)
- Mrs. Jessica Hall (EA)
- Mr. Garrett Hamilton
- Mr. Bill Holmes (Vice Principal)
- Mrs. Leah Kingston (Principal)
- Mrs. Amanda Medley
- Mr. Sheldon Meehan
- Mr. Charles Pender
- Mrs. Kari Semaniuk (EA)

Please join me in welcoming the following staff to ÉOJHS for 2019/2020:

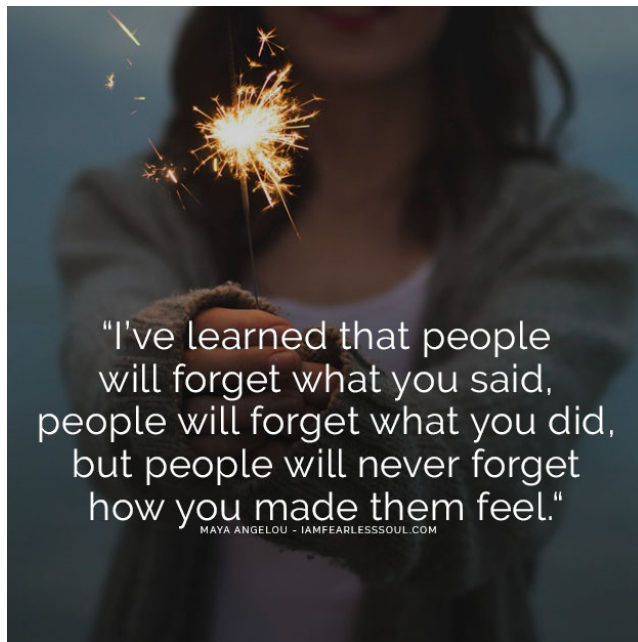
- Mrs. Shaylene Dykema
- Mrs. Kendra Hayes (YDC)

- Mrs. Andrea Laubman (Vice Principal)
- Mr. Sean Levebvre
- Mrs. Tracey McKinnon (Principal)

Enjoy a wonderful summer. Treasure ever moment with your families.

With gratitude,

Leah, Bill & Kerry



Attachments: Awesome Hoops Camp 2019
Cool Connections – Summer School Information



AWESOME HOOPS CAMP 2019

Do you want to be coached by an Olympic Coach? Come and join us and be part of a basketball camp **like no other!** Awesome Hoops is **the only camp** in Alberta run by an Olympic coach, using the Canada Basketball curriculum. Come and learn how to be a player rather than running a play. This camp provides the complete package for player development:

- 1. **Skills and Drills (play the game)**
- 2. **Decision Training (think the game)**
- 3. **Nutrition (fuel your game)**
- 4. **Mental Toughness Training (focus your game)**
- 5. **SAQ (speed, agility, quickness in the game)**

Awesome Hoops Camp is for boys and girls in Grades 4 – 12. Players will be grouped by age and ability with skills and drills taught accordingly. We have 8 and 9 foot hoops for the younger age groups.

This camp always sells out so get your registration in early to avoid disappointment!

When: July 8 – 11, 2019 (Monday – Thursday) from 9:00 am – 4:00 pm
Where: Rundle College
 7375 17 Ave SW, Calgary, AB T3H 3W5
Cost: \$275.00 + GST = \$288.75 **Payment options:**
 - Interac e-transfer to: shawnee@shawneeharle.com
 - Cash at the door on July 8
 *Cancellation fee applies, and details are on my website: shawneeharle.com
Register: Fill out the Registration Form, the Release Agreement. Email both pages to: shawnee@shawneeharle.com
****Please note the Release Agreement requires an actual signature from both a parent and a witness.**

Registration Form

Participants Name: _____
Parent Phone #: _____
Parent Email: _____

Grade as of Sept. 2019: _____
T-shirt Size: Adult: **S M L XL** (circle one)
 Youth: **S M L XL** (circle one)

*Registration must be received by June 21 to receive a t-shirt.

List any allergies/medical conditions: _____

Fill out and email this form (both pages). You can also print it, fill it out, take a picture and email the picture to: shawnee@shawneeharle.com

Once your Registration and Release Agreement have been received, you will receive a confirmation email.

AWESOME HOOPS CAMP - RELEASE AGREEMENT

**Dynamic Coaching Solutions Inc. and its Employees, Instructors and Volunteers
RELEASE OF LIABILITY, WAIVER OF CLAIMS AND ASSUMPTION OF RISK**

WARNING: By signing this document you indicate that you understand the risks associated with this activity, you are aware that attending this event exposes you to the risks identified below. It gives Dynamic Coaching Solutions Inc. and its employees, instructors and volunteers the authority to secure medical assistance for your child and for which you agree to be financially responsible. You are also agreeing to assume financial responsibility for any damages your child causes to third persons or their property.

TO: Dynamic Coaching Solutions for **AWESOME HOOPS CAMP**

CHILD'S NAME: _____

PARENTS/GUARDIANS NAME: _____

ADDRESS OF GUARDIAN/PARENT: _____

EMERGENCY PHONE NUMBER: _____

- 1. I am aware that by attending this event and registering my child for this camp, I will be exposing my child to the following inherent risks, including but not limited to:

GENERAL

- theft, vandalism or loss of personal property;
- any manner of injury resulting from use, misuse, or failure of equipment

BASKETBALL

- impact with obstructions, other participants, referees or spectators, game or training equipment (which may include balls or other apparatus), visible or non-visible;
- potential for bone and muscular skeletal injury, such as sprains, strains and breaks;
- episodes of light headedness, fainting, chest discomfort, leg cramps and nausea;
- an increased load on the heart, which may result in dizziness, shortness of breath and in extreme circumstances, may result in a heart attack.

- 2. I understand that it is my child's responsibility to abide by the rules and regulations imposed on the participants by the coaches, instructors, employees and/or volunteers.
- 3. Dynamic Coaching Solutions Inc. and its employees, instructors and volunteers may secure such medical advice and services as it, in its sole discretion, may deem necessary for my child's health and safety and I shall be financially responsible for such advice and services.
- 4. I agree to **HOLD HARMLESS AND INDEMNIFY** Dynamic Coaching Solutions Inc. and its employees, instructors and volunteers from any, and all, liability for any damages to the property of, or personal injury to, any third party resulting from my child's participation in this event.
- 5. By signing this document, I waive certain legal rights including the right to sue or claim compensation following an accident.

I HAVE READ AND UNDERSTOOD THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM RELEASING DYNAMIC COACHING SOLUTIONS INC. OF ANY NEGLIGENCE AND ACCEPTING FINANCIAL RESPONSIBILITY FOR ANY MEDICAL ASSISTANCE THAT DYNAMIC COACHING SOLUTIONS INC. AND ITS EMPLOYEES, INSTRUCTORS AND VOLUNTEERS MAY DEEM NECESSARY FOR MY CHILD'S HEALTH AND SAFETY. I ALSO ASSUME FINANCIAL RESPONSIBILITY FOR ANY DAMAGE TO THIRD PERSONS OR THEIR PROPERTY THAT MY CHILD MAY CAUSE.

Signed this ____ day of _____, 2019. Signature of Parent/Guardian _____

Witness Name _____ Witness Signature _____

Witness Address _____

Witness Telephone # _____



COOL CONNECTIONS

SUMMER 2019

WHO: youth ages 13-18

WHAT: fun, free activities connecting youth to their peers and the community

drop in: need support? we have a safe space for you to come and get connected to what you need!
bored? we can let you know what is available in the community!

planned events: leadership, yogathon, music jams and more-tell us what you would like to do!

WHEN: July 12-August 31

WHERE: Cameron Crossing, 35 S Railway St, Okotoks

WHY: this is a collaborative effort between the Foothills School Division, Big Brothers Big Sisters, and the Alberta Health Services Mental Health Capacity Building Initiative hoping to provide youth with a connection over the summer months



Big Brothers Big Sisters
of Calgary and Area

www.bbbscalgary.ca

Facebook: @BBBSCalgary

Twitter: @BBBSCalgary



www.fsd38.ab.ca

Facebook: @fsd38

Instagram: @foothills.school.division



www.albertahealthservices.ca/info/csh.aspx

FOR MORE INFORMATION, VISIT <http://www.youthbranch.com/>
STAY CONNECTED AND VISIT OUR SOCIAL MEDIA FOR SCHEDULES AND UPDATES! #COOLCONNECTIONS

COOL CONNECTIONS MENU

Summer 2019



Use your summer downtime to its full potential!
**Cool Connections is offering Drop In's and Events throughout
July and August-**

Drop In Menu

Check the schedule for times you and come to a safe space, hang out, and get...

Connected: our team wants to empower you to thrive in your area of interest! connect to activities and organizations with exciting opportunities throughout our community.

Support: our team is dedicated to putting you at the centre and helping you seek whatever type of support you may need!

Events Menu

Check the schedule for our six planned events...

- 1) **Yogathon:** join a lovely yoga guru and chill out with some posing and meditation!
- 2) **Jam Sesh:** enjoy playing an instrument? like to sing? or even just listen-come by and just jam out!
- 3) **Be a Leader:** join the Foothills Children's Wellness Youth Branch in their project by helping build personal hygiene kits!
- 4/5/6) **Take your Pick:** brainstorm and come up with fun activities you would like to see happen-and of course, let us know! share your thoughts with gornickip@fsd38.ab.ca or connect on our social media pages with the tag, #coolconnections

Let us know if you are popping by! Send an email to gornickip@fsd38.ab.ca with your RSVP!

Can't wait to see you there!

#coolconnections

<http://www.youthbranch.com/>