

ÉCOLE OKOTOKS JUNIOR HIGH SCHOOL NEWS- MARCH 2019



Important Dates

Apr 6 – Young Authors’ Conference
Apr 7 – Green Shirt Day in Support of Logan
Boulet of the Humboldt Broncos
Apr 12 – PD Day, No School
Apr 18 – Early Dismissal at 12:05 pm
Apr 19 – 28 – Easter Break
May 1 & 2 – Track & Field Meet at EOJHS
May 3 – Track & Field Rain Out Day (if
necessary)
May 9 – FLA PAT – Part A, am

Long Term Dates: (Subject to Change)

May 10 – ELA PAT – Part A, am
May 15 – Gr. 6 Students/Parents Open House, 6-7pm
May 17 – PD Day, No School
May 20 – Victoria Day, No School
May 22 – Track & Field Divisional
May 28 – Track & Field Zones
June 7 – PD Day, No School for Elementary & High School
June 27th – Last Day of School, Early Dismissal at 12:05 pm

Foothills Local No. 16’s Diversity, Equity, and Human Rights Committee (DEHR)

DEHR Committee is hosting a free documentary showing followed by a panel discussion focused on trauma and resiliency. This event will take place at 6pm on Wednesday April 3rd at the Rotary Performing Arts Centre in Okotoks. We will begin with a showing of Paper Tigers, a 2015 documentary about the impact trauma has on children’s learning and their well-being. This documentary follows students affected by divorce, addiction, poverty, and mental health issues at Lincoln High School. This ultimately uplifting story illustrates the supports students were offered and how it transformed their lives and their larger school community. The documentary will be followed by a panel discussion featuring experts that work with our local youth, including psychologists, therapists, and teachers.

This educational and enlightening event is open to anyone who is interested in learning more about trauma, mental health, and resiliency.

Please join us at 6pm on Wednesday April 3rd at the Rotary Performing Arts Centre in Okotoks. The documentary is PG-13. This event is free to attend. All are welcome.

Young Authors’ Conference 2019

Thank you to all of the students who have signed up for this year’s Young Authors’ Conference, which will take place on Saturday April 6th at Holy Trinity Academy. Students who have signed up for the writers’ workshop session are reminded to bring a piece of writing that they are currently working on. Schedules for the day will be given to students prior to the conference. If you have any questions please contact Mrs. MacLeod macleodd@fsd38.ab.ca

A yellow starburst graphic with the word "NEW!" in bold, black, sans-serif font.A yellow rectangular graphic with a red pushpin at the top center and the word "Important" written in a black, cursive font.

EOJHS Phys. Ed. Special Offer!

Students are now able to purchase long sleeve PE T-Shirts. Here's how:

1. Go to OJ web page
2. Click on the "Spirit Wear" link (**Orders are 15% off until the end of March**)
3. Click on the **red link**
4. Click on Youth (\$20) or Men's (\$18.50) link at the top of the page.
5. Click on T-Shirts
6. Choose "Pro Team Long Sleeve" T-Shirt
7. Choose your size
8. Choose your EOJHS logo
9. Choose your colour
10. Place your order and be one of a kind in PE

Physical Education Dress Code: (This has been updated to include the long sleeve T-Shirts)

Students **MUST** change for PE. This means that they change out of their school/street clothing and change into their PE clothing. They should not be wearing their regular school/street clothing in PE and visa versa. For participation in PE, a school uniform is required. The uniform for students includes:

Indoors

- *Students may not wear coats, hoodies or other similar clothing for indoor PE. See your PE teacher if you have questions.*
- *Rubber soled gym shoes o No outdoor shoes or boots, flip flops, Birkenstocks, slippers or other loose fitting shoes may be worn in the gym.*
- *An EOJHS P.E., CrossFit, Triathlon, or other EOJHS athletics approved T-shirt. Until the end of April, a long sleeve "non EOJHS shirt" may be used to ensure that your order has been processed thru School Spirit Wear. See your PE teacher if you have questions.*
- *EOJHS school gym shorts.*
- *Students who wish to wear sweatpants indoors **MUST** purchase a pair of EOJHS sweatpants, which can be purchased in the main office. EOJHS Sweatpants may be worn indoors or outdoors.*

Outdoors

- *Students are allowed to wear coats, hoodies or other similar clothing over their PE clothing for outdoor PE. See your PE teacher if you have questions.*
- *Rubber soled gym shoes or other PE approved outdoor footwear.
o No flip flops, Birkenstocks, slippers or other loose fitting shoes may be worn during outdoor PE.*
- *An EOJHS P.E., CrossFit, Triathlon, or other EOJHS athletics approved T-shirt.
o Until the end of April, a long sleeve "non EOJHS shirt" may be used to ensure that your order has been processed thru School Spirit Wear. See you PE teacher if you have questions.*
- *EOJHS school gym shorts.*
- *Students may wear their own sweat pants for **outdoor use only***
- *The Physical Education Department will issue EOJHS shorts and T-shirts, with the exception of long sleeve T-Shirts from "School Spirit Wear".*
- *Student Athletes who are in the Global Sport Program must also have the EOJHS PE gym strip. They will have their own Global Sport clothing which they will wear during Global Sport activities.*



Phys. Ed. Cont'd.....

A reminder that when your child can not participate, or participation needs to be modified in physical education, please send in a note of explanation. This includes both injuries and illnesses. If your child needs to be excused for more than four days, we require a medical note. If you have questions or concerns about physical education, please contact your child's teacher.

Foothills School Division French Speak Off

Bonjour, École Okotoks Junior High was well represented in the District French Speak Off Tuesday, March 26, 2019 at Highwood High.

Kylie, 9I took first place in Grade 9
Josh, 8I and Henry, 8I took second place in Grade 8
Nick, 7I and Samantha 7I took first place for Grade 7

Also participating were:

Carys, 9I in Grade 9
Liam, 8I and Japser 8I in Grade 8

Merci Mrs. Kerry Welsh, Mme. Chantal St. Jean for your help and support! M. Charles Pender



NEW!

Important



EOJHS Speech Contest – March 2019

Congratulations for our Finalists in the Speech Contest held March 15th. From left to right the winners are: Breanne W-7F, England M-7D, Eve P-7E, Tyson R-8A, Ainsley D-8D, Justin K-8G, Grace Henkel-9G, Leah F-9E and Holly H-9D.

Parent Volunteers Needed Please for the Grade 9 June Farewell Dance

Parent volunteers are needed for the Grade 9 June Farewell Dance please. This year's dance will be held Thursday, June 6, 2019, 6 pm to 10:30 pm. All volunteers for the school are required to have a criminal record check on file with ÉOJHS. If your family is new to EOJHS, and you need to obtain the required CRC please contact the office (938-4426, ext. 0) so we can prepare the letter you will need to take to the RCMP. The detachment is charging a \$5.00 fee- exact change, cash only. All interested in volunteering, please contact Mrs. Norma Matheson at mathesonnn@fsd38.ab.ca.

GREEN Shirt Day – Friday, April 5th

This Friday we ask all staff and students to wear **GREEN** in support of the Logan Boulet Effect. The Logan Boulet Effect began shortly after the passing of the young hockey player on April 7th, 2018 in the Humboldt Broncos bus tragedy. Acting on their son's desire to become an organ donor, six of Logan's organs were donated to give six people the opportunity for a better life. In unprecedented numbers, over 100,00 Canadians registered in the days and weeks following Logan's selfless decision.



SCHOOL/STUDENT COUNCIL NEWS AND VIEWS!

Thank You School Council

A HUGE thank you to all of the parents who supplied food for our staff during parent/teacher interviews. The meal was amazing and we are very appreciative of the efforts and the delicious array of salads, entrees and desserts.

Student Council Monthly Report

Hello Parents

This month Student Council is focusing on the 3 R's; Reduce, Reuse, and Recycle. We are collecting plastic bags for the whole month of April to help reduce plastic waste in our community. Did you know that each year an estimated 500 billion bags are consumed worldwide and on average we only end up recycling 1 in every 200 that we use? Now that's a lot of bags being littered and polluting our earth and each plastic grocery bag can take anywhere from 500-1,000 years before it decomposes. The bags that are brought in will be donated to be remanufactured into many useful products like plastic pots, plastic piping, and reusable bags. Student council will collect the bags at the end of every week in April and students will be rewarded with 1 point for their team when they bring in 10 bags. So let's make a change and reduce waste in our environment. We look forward to seeing how many bags are brought in! Sincerely, Student Council President, Layna 9G.

School Council Meeting

The next School Council meeting is scheduled for Tuesday, April 9th, 2019 at 6:00 pm in the staff room at the school. This is a parent led council and everyone is welcome.

EOJHS Hot Lunch Program

Hot lunch ordering is available by visiting Healthyhunger.ca to view menus and place orders. There is a new procedure to sign up for Hot Lunch Volunteers – Please Volunteer! Three steps to volunteer:

Click this link to go to our invitation page on SignUp.com: <http://signup.com/login/entry/9702882895492600>

Enter your email address: (You will NOT need to register an account on SignUp.com)

Sign up! Choose your volunteer spots.

**REPEATED
INFORMATION FOR NEW
FAMILIES...
OR IF YOU NEED A
REMINDER...
OR FOR YOUR READING
PLEASURE!**

Short Term Memory Rule #5
"Repeat to Remember"

Long Term Memory Rule #6
"Remember to Repeat"

School Parking Awareness

Thank you for acknowledging the "No Stopping/No Parking School Bus Only Zone in front of the school.

Also, thank you for being considerate of our neighboring preschool, Children's Montessori Academy that is directly across the street from EOJHS. Their parking area is their driveway and keeping that area open has been greatly appreciated.

On Another Note: The school has been made aware of another parking issue in the alley entrance north of the school. Please refrain from using the alley to drop off and pick up students. There is a concern that the residents that use this alley are often delayed from getting out of the alley onto the main road in a timely fashion. Residents have contacted Bylaw officers who will be patrolling this area as well.

We are aware that parking around the school is at a premium and we certainly appreciate everyone's participation in keeping our students safe when picking up and dropping off your child. You are welcome to use both the South and North school parking lots went at the school and area. Thank you.

Show your Ocelot Spirit - Optional Athletic Wear

We have available the optional Ocelot athletic wear available for sale in the front office.

The EOJHS Sweat Shirts - \$40.00 each

The EOJHS Sweat Pants -\$20.00 each

The athletic lightweight wicking jersey - great as a warm up shirt or gym shirt in sized youth medium to adult XXL for \$30.00.

Water bottles are for sale \$6.00 each in a variety of colors (Red, Green, Purple, Blue and Black) and they can be refilled with at the bottle fountains located conveniently throughout the school including the gyms. Please see Mrs. Thorbjornsen any time to pick up these great items that will help keep you warm on those chilly outdoor PE Days or just to show your OCELOT PRIDE.

If you are looking for something special, try our new online shopping portal for École Okotoks Jr. High School Spirit Wear. Simply Log onto <http://okotoksjr.entripyshops.com> to place your order. You simply create an account to order and delivery will be made directly to your home.

Sobeys/Safeway Gift Cards

Gift cards are available again this school year and are a dollar to dollar program where anyone can purchase pre-loaded gift cards in variable denominations from \$25.00 to \$500.00. Cards can be purchased from the office and the forms are located on our website. Up to 6% of you purchases will be credited to your students account and can be directed to the program of your choice, School Fees, Athletics, Field Trip, Band Camps. If you need any further information, please contact Tracy Thorbjornsen at 403-938- 4426 ext 19105.

Visitors In The School

PLEASE remember that ALL visitors in our school are to check in and sign in at the office. Once you have signed in, the office staff will give you a visitor's badge to acknowledge to all of our staff and students that you are a visitor at EOJHS. This policy within the School Division is to ensure a safe and secure environment for all.

Tuesdays Are Pizza Day at EOJHS

Pizza is for sale at the school every Tuesday at lunch time. Pizza selection includes Pepperoni, Hawaiian and Cheese. \$3.00 for 1 slice and \$5.00 for 2 slices.

Recycle, Reduce, Reuse...

The Foods and Textiles room are accepting any unwanted magazines (old Sears catalogues included), both Foods and Fashion related, to be used for different projects throughout the year. Also being accepted are any clean yogurt or sour cream containers with lids. Please drop them off at the front office or to Mrs. Schaan in the Foods Room. Thank you.

Student Illnesses

At EOJHS, we endeavor to provide all students with a safe and caring environment. As such, we have students who have high risk medical conditions and we believe it is our responsibility to support them to the best of our ability. For this reason, we ask that you communicate to us any suspicions or occurrences of illnesses, particularly measles, chicken pox or flues.

Absenteeism

All students are expected to be in school on time and to attend all classes. It is the parents' responsibility to confirm with the front office at the school whether or not these absences are excusable or inexcusable. The attendance number is 403-938-4426, then press 1. Alternatively you may email us at ojattendance@fsd38.ab.ca and provide the student's name, homeroom and reason for and approximate length of absence/lateness. Any student absences not reported to the office will be recorded by the office as inexcusable.

Student Messages

Urgent student messages can be left by calling the school's main number 403-938-4426, ext. 0. Student with messages will be called to the office at 12:30 pm (lunch time) and 3:05 pm (end of the day) only.

Criminal Record Check (CRC) for Volunteers

All volunteers for the school are required to have a criminal record check on file with EOJHS. If your family is new to EOJHS, and you need to obtain the required CRC please contact the office (938-4426, ext. 0) so we can prepare the letter you will need to take to the RCMP. The detachment is charging a \$5.00 fee- exact change, cash only.

Parent volunteer drivers are also required to have a CRC as well as completing the Volunteer Driver Form and providing a copy of their driver's license and insurance coverage of \$2 million.

School Twitter Information

EOJHS is now using Twitter on our home web page to get you information about what is and will be happening in our school. Check it out! Visit <http://okotoksjr.fsd38.ab.ca> Contact holmesb@fsd38.ab.ca for more information.

Attachments: Calgary's Child Magazine March/April Issue

Calgary's Child Magazine March/April Issues

We're excited to share our 2019 March/April issue with your school community! Spring is just around the corner and that means it's time to look ahead to warm weather, summer camps and programs, and fresh new beginnings for families across Calgary and the foothills!

Once again, Calgary's Child Magazine is delighted to provide your school the opportunity to distribute the digital edition of our magazine via a link placed on your school's website or in your newsletter. We have unified the link for our current issue so from now on, the link stays the same for every new issue, we simply update the issue on our end. The March/April issue is live now! <http://calgaryschild.com/current-issue/> Please let us know if you would like us to send the announcement email of our issue releases directly to your newsletter or website parent volunteer.

To read the current issue Calgary's Child Magazine, please visit <http://calgaryschild.com/current-issue/>



2019 MAR/APR ISSUE: NEW BEGINNINGS!

This issue features our Bump, Baby & Toddler Guide, our Spring Fun Feature, Early-Bird Camps & Programs, and much more! Make the most of what the season has to offer right here in Alberta!

To read our latest issue, visit <http://calgaryschild.com/current-issue/>



If you feel that continuing the distribution of print copies is beneficial to your school community, we are happy to re-establish our regular distribution schedule. If you do not currently receive print copies and would like to receive them (typically schools distribute to first and only children or to their kindergarten students) please contact us at calgaryschild@shaw.ca or 403-241-6066.

We thank you for your continuing support! Ellen



M.L. Ellen Percival, Publisher & Editor-in-Chief

Calgary's Child Magazine

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